

## Iconic Highlands



### AT A GLANCE

- 5 days guided kayaking
- Fully catered accommodation with hot tub!
- Professional guides with 50 years combined experience
- Top tips to improve your paddling
- For the grade 3/4 boater
- £600
- 22nd-26th October

### THIS SOUNDS AMAZING!

Join us for an unforgettable tour of the best grade 3 and 4(5) rivers in the Highlands. Based out of our centrally located, fully catered accommodation, we will spend 5 days enjoying some classic Highlands white water. We will also offer coaching hints and tips and evening video feedback sessions to help you get the most from your week. During the week, we will be taking lots of photos that will be available to you to help you remember what is sure to be a great week.



### Highlands In Style

We know that paddling is only half the fun of spending a week in the highlands. Finish a great day sipping a cool beer from the hot tub, overlooking the stunning Glen Sheil hills. Our base for the week is Chris Dickinson's house, nestled in the picturesque Glen Moriston. The house has spacious bedrooms, a huge lounge to hang out in, a brilliant drying room and of course the hot tub. With so many world-class rivers on his doorstep, driving is kept to a minimum allowing more time for the kayaking, oh and did we mention the hot tub?



### YOU GET ALL OF THIS

- 5 days of guiding on the best grade 3/4 Highland rivers such as the: Etive, Moriston, Garry, Meig, Orchy, Spean and Roy
- 5 nights in fully catered accommodation with hot tub and drying room
- Hint and tips to improve your kayaking and safety knowledge
- Evening video feedback sessions to review the day and set goals for the next
- Highly qualified coaches delivering to your individual needs
- Action plans to continue your development after the course
- Photo package from the week

### What's not included?

- Alcoholic drinks
- Insurance



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